

# Call of the Wild

The World's Longest Running Adventure Travel Company for Women  
Since 1978



## **LAKE TAHOE WILDFLOWERS HIKES** *Fields of Alpine Wildflowers to explore plus a Soft Bed at Night* **JUNE 10th – 12th, 2011**

**Rating:** Moderate Day Hiking

**Group Size Limit:** 12

**Accommodations:** 2 Nights Hotel Lodging

**Cost:** \$675; Reservation Deposit \$250. Balance due 3 months before start date of trip.

Note: Price subject to change until your deposit is made.

Join us on this wonderful weekend of exercise on the trail and relaxation with comfortable European inspired lodging at beautiful Lake Tahoe. We'll do day hikes in two of the most beautiful areas around Lake Tahoe. On Saturday, we'll hike through mountain meadows. On Sunday, we'll explore one of the most scenic stretches of the Lake Tahoe shoreline. This weekend is filled with good fun, food, and camaraderie. Join us for this great women's hiking weekend!

### **Day 1, Friday – Depart from San Francisco, CA**

We will depart from the San Francisco Bay Area at 12 Noon. It's about a 4-hour drive from San Francisco to Lake Tahoe, but driving times can vary with traffic and weather. We'll check into our hotel, get settled, and then have a welcome briefing to cover the weekend's adventures. We'll have dinner at a restaurant in Truckee known for its California cuisine and locally-sourced foods.

### **Day 2, Saturday – Hiking in Mountain Meadow**

Mileage: 5 miles round-trip, Elevation Change: minimal

After breakfast at the hotel, we'll hike about 4-5 miles to mountain meadows, where we'll find a mix of open fields, aspen groves and green forest. There should be a wonderful display of wildflowers, so be sure to bring your camera. We will enjoy our lunch on the trail, before heading back to our origination point. After hiking, we'll enjoy the rest of the long summer day on the deck or hot tub. At about 7-7:30 PM we'll have a great dinner in town at a restaurant known for its delicious Italian fare.

*(Breakfast, Lunch)*

### **Day 3, Sunday – Hiking the Lake Tahoe Shoreline**

Mileage: 4 miles round trip; Elevation Change: 6630'-6230' (one-way)

PO Box 1412 ♦ Mountain View, CA 94042  
Phone & Fax (650) 265-1662 ♦ Toll Free Outside CA (888) 378-1978

[www.callwild.com](http://www.callwild.com)

After breakfast, we'll explore the Lake Tahoe shoreline with a hike that takes us in and out of coves. The sandy beach turns to smooth, rock lined shoreline in parts, making great areas to walk rock to rock or gaze out across the blue lake. We'll stop for pictures along the way and enjoy its many splendid views. We expect to be through with our hike about 2-3 PM. From there, we will drive back to San Francisco and return no later than 7 PM.

*(Breakfast, Lunch)*

**Note:** Itinerary subject to change at leader's discretion due to weather, road conditions, and other contingencies.

### **WHAT YOUR TRIP INCLUDES:**

- Experienced leadership
- All meals as noted on the itinerary
- Return Transportation from San Francisco Area to Lake Tahoe
- Two nights lodging at a comfortable hotel in Truckee (double-occupancy)
- 2 days of hiking

### **NOT INCLUDED:**

- Trail snacks (You are welcome to bring your favorites or we can recommend ideas)
- Personal gear (See equipment list mailed with your registration packet.)
- Optional tips for your guides

**About tipping:** People on our trips often ask us about gratuities, so here are some guidelines: Each person usually tips \$8-\$10 per day for each guide depending on the level of service and the number of guides assigned to the trip (people do not usually tip any guide interns.) Guides cook and serve your meals and take care of many extra details to give you a safe and fun trip. Tips at the end of the trip are a way of showing your special appreciation if you feel that your guides have given very good service to you. They are a nice way to show your appreciation, though they are optional.

### **HOW TO REGISTER**

**First,** call (650-265-1662) or use the Online Quick Reservation Tool at [www.callwild.com](http://www.callwild.com) to make a reservation and complete your deposit payment with a Visa or MasterCard. You may also mail us a check.

**Next,** send in completed and signed Trip Application. The Trip Application is available by fax, mail, or from our Web site at [www.callwild.com](http://www.callwild.com). After receiving your deposit and application, we will send you confirmation of your reservation and an information packet on your trip.

### **TRIP CANCELLATION INSURANCE**

*We strongly suggest that you take out trip cancellation insurance.* Call of the Wild does not issue cash refunds, no matter what the circumstances of your cancellation may be. Depending on the time of your cancellation, you may or may not be eligible for a credit for another trip, please read our refund and cancellation policy at [www.callwild.com](http://www.callwild.com). To sign up for Travel Guard insurance call us for a brochure or visit [www.callwild.com](http://www.callwild.com).

## **AIR TRAVEL AGENT**

For air travel, please contact Wendy Fazio at Skyline Travel 510-530-1100 or e-mail [wendyatskyline@aol.com](mailto:wendyatskyline@aol.com) . Let her know that you are traveling with Call of the Wild.

## **ARRIVAL AND DEPARTURE PLANNING**

We will depart from the Hilton Garden Inn San Mateo (Airport Hotel near SFO) at 12 Noon on Day 1. For those flying in, please exit the airport terminal and take the free hotel shuttle to meet us at the hotel. You may wish to stay at the hotel the night before or after the trip. You can contact the hotel at 650-522-9000 for reservations or additional information. For those joining locally, we will meet you at the Millbrae BART Station at 12:30 PM. Long Term Parking is available at the Millbrae BART Station for \$6/day for those needing parking.

We expect to arrive back into the San Francisco Area no later than 7 PM on Day 3. For those flying out, please plan flights after 9 PM. We will provide a departure to the San Francisco Airport, in addition to the Millbrae BART station and the Hilton Garden Inn upon our return.

## **DIRECTIONS**

We will be meeting at the Hilton Garden Inn in San Mateo, CA. From San Francisco, Take 101 South to Hwy 92 east toward Hayward/San Mateo Bridge. Exit at Foster City Blvd and turn left at the end of the off ramp. Turn left onto Foster City Blvd. Turn left at Chess Drive. Go 1/2 mile and the hotel is on the right side next to Home Depot.

For those meeting in Millbrae from San Francisco, take Hwy 101 South to the Millbrae Exit. Turn Right onto East Millbrae Avenue, then right again onto North Rollins Road.

In the event you are not running on time, we ask that you contact your guide to let them know of your delay. We will not be able to wait for clients who aren't on time and don't provide an update.

## **ACCOMMODATIONS**

Our lodging will be at the Cedar House Sport Hotel in Truckee, California. This European inspired hotel, with its focus on green building and sustainability, is the perfect place for us to base ourselves for our hiking weekend. Our Rooms have 2 queen beds and feature a European bedding system with luxurious linens and individual down comforters imported from Germany, pillow top mattresses, combed Egyptian cotton robes and towels, spa bath amenities, in room safes, refrigerators, fresh ground coffee, Flat screen LCD televisions, Cable TV and Pay per view movies complimentary wireless and high speed internet with in room keyboards. The hotel also has an outdoor hot tub for our enjoyment. If traveling along, you'll be paired with another client for our hiking weekend. If you are interested in a single room, please email [trips@callwild.com](mailto:trips@callwild.com) to inquire about availability and the single room supplement.

## **MEALS**

We will take our breakfasts at the hotel prior to departure each morning. We will eat lunches on the trail. You can expect a variety of sandwiches, nuts, fruit, crackers, cookies, and other tasty

treats ready for the snow. In the evenings, we will dine in Historic Downtown Truckee at restaurants known for their innovative cuisine and service. Vegetarian options are available.

### **WEATHER**

Please come prepared for rain or shine. At this time of year, the Tahoe Sierra usually has clear beautiful days, but it also can be cool with a chance of rain.

### **QUALIFICATIONS**

Our trips are designed for flexible, energetic people who like to be active and have a spirit of adventure. We expect trip participants to be in good health, aerobically fit, and to have the ability to hike on wilderness trails for the number of miles and at the altitudes indicated on the itinerary. You must have your own health insurance. Our best trips are those where everyone is equipped with a positive attitude, the sensitivity to recognize the needs of the group, and a sense of humor!

### **ABOUT OUR GUIDES**

Call of the Wild guides have extensive wilderness experience and bring proven leadership to your wilderness trip. We pride ourselves on giving women safe opportunities to venture into the wilderness and do something they've never done before. Our guides are certified Wilderness First Responders and they'll go the extra mile to make you feel at home in the wilderness. They are interesting people and include a pilot, a former paramedic, a personal trainer, an exercise physiologist, a glacier guide, and the owner of a wild mustang. They share a love of the wilderness and an enjoyment of people's company.